

Let's Be Honest!

A seminar for parents and guardians of upper elementary and middle-school children.

This seminar is designed to help adults learn how to create a comfortable environment of trust for talking about puberty and sexuality. Your children have questions about their bodies, puberty, relationships, and sexual decision making. Research shows that children want to get answers from trusted adults. You can help guide them through this subject by having honest and factual discussions with your children. This workshop will prepare you to answer the questions asked by your children and provide information to help you talk about sexual health issues in a skilled, knowledgeable and comfortable manner.

Tuesday, March 18, 2008 from 7:00 - 9:00 p.m. in the library at Curtis Middle School

Please reserve your seat in this seminar by contacting Betsy Grams, Wellness Coordinator, at elizabeth_grams@sudbury.k12.ma.us

Parent Information Session on Fifth Grade Puberty Education Unit

Save the date! Tuesday, March 25 at 7:00 p.m. in the dining room at Loring Elementary School

Parents and guardians will have an opportunity to preview curriculum materials used for the fifth grade unit of study on puberty and the human reproductive system. A question and answer session will be included in the presentation. Please contact Betsy Grams, Wellness Coordinator, at 978-443-1085 Ext: 1110 or via email: elizabeth_grams@sudbury.k12.ma.us, should you seek additional information about this event or the Health curriculum.

Lunchtime Presentations sponsored by The Wellesley Centers for Women

Stimulating lunchtime presentations are held on Thursdays from 12:30 to 1:30 at the Cheever House in Wellesley. The seminars are free and open to the public. Bring a bag lunch and enjoy complimentary tea and coffee while you listen to these informative and engaging presentations.

March 20, 2008

Recent Trends in Bullying and Bullying Prevention in U.S. Schools by Nancy L. Mullin, M. Ed.

April 3, 2008

Adolescent Trauma and Implications for Learning and Academic Achievement by Michelle V. Porche, Ed. D. and Lisa Fortuna, M.D.

April 10, 2008

Open Circle: Celebrating 20 Years and Strategically Planning for the Future by Kristen L. Handricken, Ed.M.

For more information, including driving directions, visit www.wcwonline.org or call 781-283-2500.